

Bioavailability Study:

Evaluation of the Hyaluronic Acid Absorption through a human reconstructed intestinal model

<u>1 - INTRODUCTION</u>

Hyaluronic Acid (HA), a linear glycosaminoglycan, is a major component of the extracellular matrix. It is composed of repeating polymeric disaccharides of D-glucuronic acid and N-acetyl D-glucosamine linked via alternating β -1, 4 and β -1, 3 glycosidic bonds¹. It is a body component present in any connective tissue and organ, such as skin, synovial fluid, blood vessels, serum, brain, cartilage, heart valves and umbilical cord². Hyaluronic acid has a wide range of applications based on its excellent physicochemical properties: biodegradability, biocompatibility, nontoxicity and non-immunogenicity, serving as an excellent tool in biomedical applications (osteoarthritis surgery, ocular surgery, plastic surgery, tissue engineering, and drug delivery)³. Recent data support the use of HA-based food supplements in the treatment of HA deficiency, for example in osteoarthritis⁴.



3- INTESTINALABSORPTION OF THE TEST ITEM



INTESTINAL PHASE

- Simulated duodenal juice
- 1% Pancreatin solution and

hour at 37°C

bile salts Were added and stirred for 1



2 - AIM OF THE STUDY

The purpose of the study was the evaluation of the absorption of an HA-based supplement through a simulated intestinal wall, represented by an in vitro reconstructed gut epithelium.

Specifically the biological test system adopted to simulate the penetration in the intestinal tract was EpiIntestinal by MatTek, a 3D model of reconstructed human intestinal epithelium incorporating enterocytes, paneth cell, M cells, tuft cells and intestinal stem cells into a highly differentiated, polarized epithelium; it also recapitulates many aspects of normal intestinal function including barrier, metabolism, inflammatory and toxicity responses, similarto native human intestinal tissue⁵. In this study an experimental comparison of the

absorption kinetics through the intestinal epithelium of the HA contained in SYALOX® 300 PLUS-River Pharma S.r.l. was performed, by considering both the digested and undigested form of the food supplement.

4 - RESULT OF HA DOSAGE

After 8 and 24 hours of application the epithelia-underlying media were collected and the tissues were homogenated. HA dosages were performed on homogenates and media, in order to calculate the quantities penetrated and not released by the epithelium, and penetrated and released into the medium, respectively (bioavailable amounts).

The assay was performed using a commercially available ELISA kit.

washing step: any unbound

Enzyme-Linked Immunosorbent Assay (ELISA)



1st incubation: competition &

solid phase binding

Antigene: Hvaluronic Acia

2500.0

STOPREACTION



(3,3',5,5' tet







Aliquots of the obtained solution (named DIGESTA) and aliquots of undigested product solution were applied on the intestinal epithelium surface.

50µL of **Digesta** and 50µL **undigested** product solution (containing a theoretically amount of 2500 ng HA). were used for the absorption test, two experimental exposure timepoints were monitored (8 and 24 hours) by simulating the presence of the product inside the intestinal tract^{6,7}.



2nd incubation: enzymatic

into a blue product

version of the chromoge

*no significant quantity of hyaluronic acid was recovered in the epithelium ho

Hyaluronic acid in vitro Absorption test





Penetration through the epitheliun MatTek's EpiIntestinal[™]

Productspreadonthesurface of heintestinalepithelium Reconstructed human intestinal epithelium Medium for the collection of the penetrated Hyaluronic Acid



5 - RESULTDISCUSSION

The results show that the HA included in SYALOX® 300 PLUS crosses the intestinal epithelia in this specific experimental in vitro system, appearing highly bioavailable (67.0% after 8 hours and 79.2% after 24 hours for undigested product, 76.5% after 8 hour and 79.9% after 24 hours for digested product). Data recovered after 8 hours suggest an higher absorption and therefore bioavailability for the digested form of the food supplement (76.5% vs 67.0%); after 24 hours the absorption values for both digested and undigested product are similar. Overall the experimental data confirm the high bioavailability of the hyaluronic acid contained in

SYALOX® 300 PLUS.